

1 Sanriku Hamakaido,
Kuwadai Pass
三陸浜街道・鋏台峠

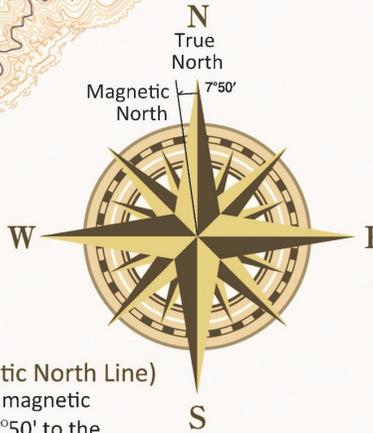
▲ Enter logging road. (↖)

▲ Enter mountain path
from logging road. (↗)

▲ Many forks in road,
be careful not to get lost.

▲ Flat ground, easy to get lost.

▲ Many forks in road,
be careful not to get lost.



Magnetic North (Magnetic North Line)
The north as indicated by a magnetic
compass is approximately 7°50' to the
west of true north (Okirai Standard.)

2 Yoshihama Village
吉浜集落



3 Kippin Abalone
きっぴんあわび

See enlarged map

4 Yoshihama Tsunami Rock
吉浜の津波石

▲ Be careful crossing
national highway.

▲ Be careful crossing
national highway.

5 Rasei Pass
羅生峠

みちのく潮風トレイル Michinoku Coastal Trail

North to Central Ofunato Section

There is a deer fence here.
Please re-close the fence
after you pass through.



Old route
(as shown on map)

Yoshihama
Tsunami Rock



New route

※Reconstruction work in this
area has finished, so the MCT
route has changed from what's
shown on the official map.